

ANNUAL REPORT

(July 2021 – June 2022)

Food Fest - 20th December 2021

Our most awaited Food Fest was conducted on December 20th at LICET Lobby, bringing in the mood of celebration. As we all know Christmas is a season of sharing, and the Food Fest was conducted for the right cause. All the funds raised through the Fest were decided to be donated to Charity. The Food Fest was not only an element of fun but also imparted Social responsibility to our students.



Visit to Orphanage - 20th January 2022

PREMA VASAM is a home for the Mentally & Physically Challenged and Less Fortunate Children. It is the only home of its kind that caters to the needs of a large number of special children along with the less fortunate school-going children. The Dean of Women Students, Dr. Shree Meenakshi. K along with the members of the “SHE” forum, had visited Prema Vasam-home to orphaned and physically disabled children and had an eventful time interacting with the children and had an insightful conversation with the coordinator and volunteers of the orphanage. The proceeds of the charity food fest were donated to the orphanage.



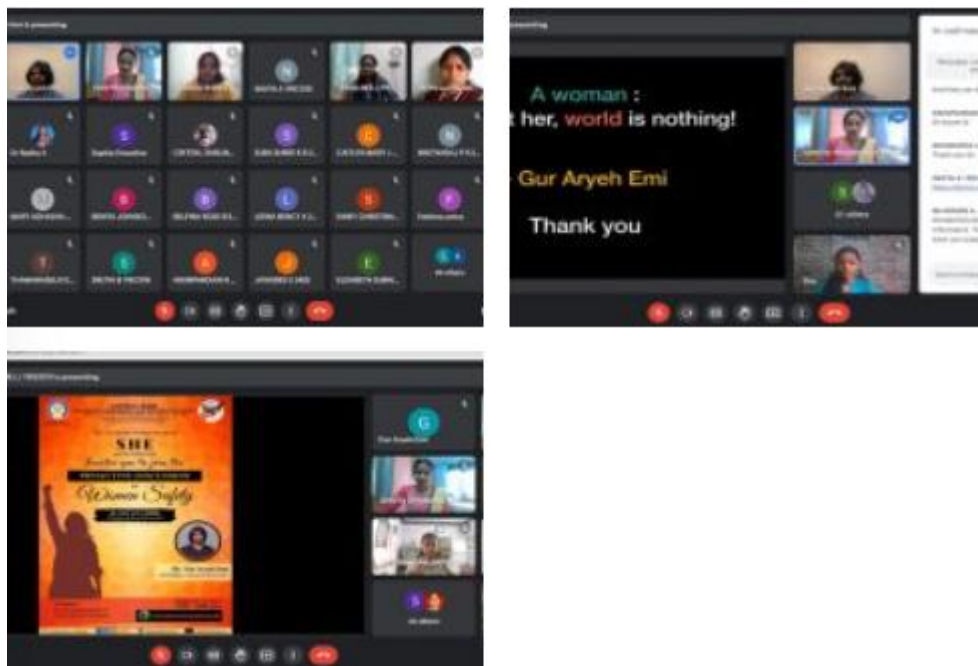
Webinar: Healthy Body Happy Mind - 21st January 2022

Good health helps a person to keep a positive attitude towards work and life in general. Keeping in mind the need of the hour, the SHE forum organized a webinar on Healthy Body – Happy mind on 21 st of January 2022. Dr. Nanda Gopal, health coach who was the speaker, highlighted the fact that health, be it mental or physical is the prerequisite for living a good and fruitful life. It is not wealth, food, or good clothes that make a person happy, but buoyant health together with a strong mind.



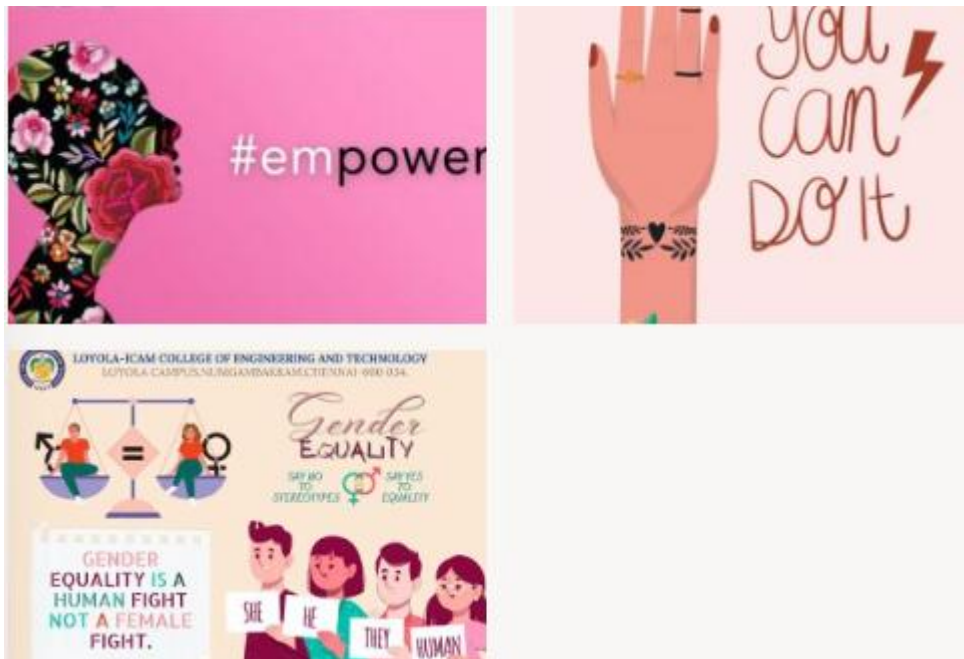
SHE-POSH Event-Webinar on Proactive discussion on Women's Safety - 12th February 2022

Keeping in mind the significance of Women's Safety, the See Her Empowered (SHE) forum in alignment with the guidelines of the Prevention of Sexual Harassment Cell (POSH), Anna University organized an online proactive discussion on women's safety on the 12th of February 2022.



Meraki 2022 – 17th February 2022

Student competitions such as poster making and trivia quiz were organized by the SHE forum on account of Meraki 2022. The topics given were International Women's Day, Equality, Women the real heroes. The prizes for the winners were distributed on International Women's Day.



Provisions Donation to Orphanage– 4th March 2022

Holy Apostles- Baby Home is a foster care home located in St. Thomas Mount, Chennai. It was founded for the very purpose of looking after destitute and abandoned children and providing them with a home and residential accommodation. On the occasion of Women's Day, The Dean of Women Students, Dr. Shree Meenakshi. K had announced charity provisions drive to the foster care home. There was an enthusiastic response from the faculty members and students. On the 4th of March 2022, the Dean of Women Students along with Ms. Chitra, Assistant to Physical director visited Holy Apostles, foster care home, and donated the provisions collected.



Women's Day – 8th March 2022 | Theme- Breaking the Code

On the occasion of Women's Day, 8th March 2022 a celebration was organized by the SHE forum in G01, LICET Auditorium. The theme of the celebration was “Breaking the Code”,

the chief guest was Ms. Pearlena Bharathkumar, Manager, Human Resources Development, Hyundai Motors India Limited. The LICET choir enthralled everyone with their melodious songs. The girl students were highly motivated by the Chief guest's inspiring talk. She also distributed the gifts of the Meraki-2022 competitions held to commensurate the Women's Day celebrations



Awareness Programme - Self-Protection of Girl Students-30th March 2022

The safety of the girl child is a matter of concern across the world. While different organizations try to raise awareness among the masses about the need to ensure the safety of the girl child, the situation remains worrisome. There have been several incidents of sexual violence against minor girls in the country recently. To highlight the importance of self-protection of girl students, the Dean of Women Students, Dr. Shree Meenakshi. K had

organized an awareness program for the girl students of LICET. The resource person was Ms. M.R.Manjula, Inspector of Police, Prohibition, and Enforcement.



Student's Visit to Orphanage- 1st April 2022

The Dean of Women Students, Dr. Shree Meenakshi.K along with the Vice-Principal of LICET, Dr. Inba Remy.A and student members of the SHE forum visited Prema Vasam- home to orphaned and physically disabled children on 1.04.2022. They had an eventful time interacting with the children and had an insightful conversation with the coordinator and volunteers of the orphanage.



Seminar on Adolescent Health and Well-Being - May 4th, 2022

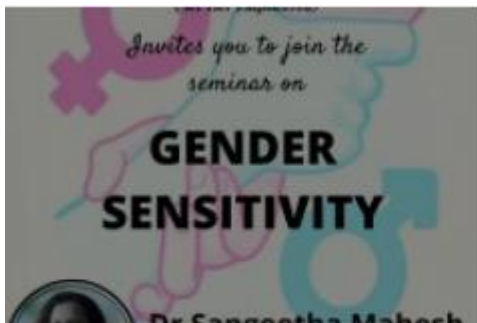
Adolescence is the phase of life between childhood and adulthood. It is a unique stage of human development and an important time for laying the foundations of good health. Adolescents experience rapid physical, cognitive and psychosocial growth. This affects how

they feel, think, make decisions, and interact with the world around them. To highlight the importance of adolescent health and well-being, the Dean of Women Students, Dr. Shree Meenakshi. K had organized a seminar for the girl students of LICET. The resource person was Dr. Mala Raj, Obstetrician, and gynecologist, Firm Hospitals.



Seminar on Gender Sensitivity - May 18th, 2022

Gender sensitivity is the process of being fair to women and men. To ensure fairness, strategies and measures must often be available to compensate for women's historical and social disadvantages that prevent women and men from otherwise operating on a level playing field. Equity leads to equality. Gender sensitivity requires equal enjoyment by women and men of socially-valued goods, opportunities, resources, and rewards. In order to raise awareness of gender sensitivity the Dean of Women Students, Dr. Shree Meenakshi. K had organized a seminar for both the boys' and girls' students of LICET on 18th May 2022. The resource person was Dr. Sangeetha Mahesh, Counselling Psychologist, and Relationship Consultant.



Webinar: Menstrual Hygiene Management- 2nd June, 2022

Menstruation and menstrual practices still face many social, cultural, and religious restrictions which are a big barrier in the path of the menstrual hygiene management. In many parts of the country especially in rural areas, girls are not prepared and aware of menstruation so they face many difficulties and challenges at home, schools, and workplaces and women have very less or no knowledge about reproductive tract infections caused due to ignorance of personal hygiene during menstruation time. In order to raise awareness about menstrual hygiene, the Dean of Women Students, Dr. Shree Meenakshi. K had organized a webinar for the girl students of LICET on 2 nd June 2022. The resource person was Dr. Deepa Thangamani, gynecologist, Apollo Hospitals.

